2022 Kilimanjaro Marathon Package



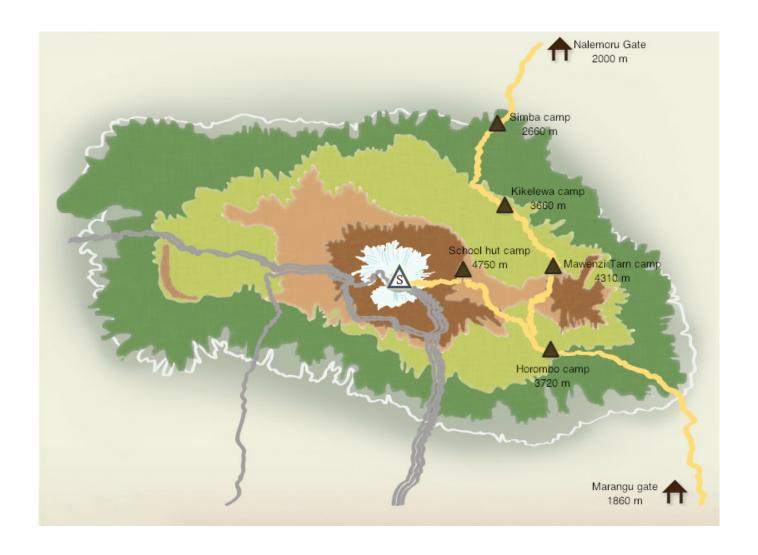
- Price
- Duration
- Best months
- Why this itinerary?
- Route Maps

2023: US \$4,095

per person, double occupancy (single supplement US 425) 11 days / 10 nights (7 days on the mountain)

March

Precede your climb adventure with a well-organized fully community-supported race on paved roads at the foot of the mountain.





Highlights

- Inspiring views of Kilimanjaro and supportive spectators throughout the run
- Climb via the less used Rongai route with views across to Kenya
- SENE Exclusive Package!
- Complete adventure for the athlete seeking multiple challenges

Daily Distance, Time, Elevation...

Date	Activity Location	Hiking Distance	Hiking Time	Elevation Start	Elevation Finish	Elevation Gain
Fri 28 Feb	Arrival. Moshi Town and marathon route tour. Mbahe Farm Cottages.			6,000′ 1830m		
Sat 29 Feb	Village cultural walk, rest, race preparation. Mbahe Farm Cottages.			6,000′ 1830m		
Sun 1 Mar	Race day! Mbahe Farm Cottages.			6,000′ 1830m		
Mon 2 Mar	Hiking day 1. Nalemoru Gate to Simba Camp.	4.3mi 7,0km	3 hours	6,560' 2000m	8,730' 2660m	2,170' 1200m
Tue 3 Mar	Hiking day 2. Simba Camp to Kikelewa Camp.	7.3mi 11,8km	6 hours	8,730' 2660m	12,010' 3660m	3,280' 1000m

Date	Activity Location	Hiking Distance	Hiking Time	Elevation Start	Elevation Finish	Elevation Gain
Wed 4 Mar	Hiking day 3. Kikelewa Camp to Mawenzi Tarn Camp.	2.4mi 3,8km	3 hours	12,010' 3660m	14,150' 4315m	2,140' 655m
Thu 5 Mar	Hiking day 4. Mawenzi Tarn Camp to Horombo Camp.	5.0mi 8,0km	4 hours	14,150′ 4315m	12,200′ 3720m	-1,950' -595m
Fri 6 Mar	Hiking day 5. Horombo Camp to School Hut Camp.	6.7mi 10,7km	6 hours	12,200′ 3720m	15,750' 4800m	3,550' 1080m
Sat 7 Mar	Hiking day 6. School Hut Camp to Uhuru Peak to Horombo Camp.	3.7mi 5,9km - 9.2mi 14,8km	6-7 hours to Uhuru - 4 hours to Horombo	15,750' 4800m - 19,340' 5895m	19,340' 5895m - 12,200' 3720m	3,590' 1095m - -7,140' -2175m
Sun 8 Mar	Hiking day 7. Horombo Camp to Marangu Gate. Mbahe Farm Cottages or hotel in Moshi Town.	13.8mi 22,2km	5 hours	12,200' 3720m	6,100' 1860m	-6,100' -1860m

Date	Activity	Hiking	Hiking	Elevation	Elevation	Elevation
	Location	Distance	Time	Start	Finish	Gain
Mon 9 Mar	Mbahe Village or Moshi Town. Moshi Town tour. Departure.					

Daily Itinerary

Day 1: Mbahe Village, Kilimanjaro

On arrival at Kilimanjaro International Airport you will be met by SENE for pickup and a Moshi Town and marathon route tour before heading up to Mbahe Village, nestled on the slopes of Mount Kilimanjaro. Mbahe is your base for marathon and climb preparation.

Overnight: Mbahe Farm Cottages.

Meals: D.

Day 2: Mbahe Village, Kilimanjaro

You have the morning to rest and relax. Enjoy delicious "homebrew" coffee, grown and roasted on the farm, and meals made with fruits and vegetables from the garden. Stretch your legs with a guided tour around Mbahe Village, the Mtuy family farm, and to swim in the river and waterfall running through Simon's land.

Overnight: Mbahe Farm Cottages.

Meals: B,L,D.

Day 3: Race Day!

Rise early and eat a light breakfast before heading to the start of the race at the Moshi Cooperative College Stadium. SENE will provide plenty of pre- and post-race fluids and snacks. Return to the quiet of Mbahe Village for rest and climb orientation and equipment check by your climb leader.

Overnight: Mbahe Farm Cottages.

Meals: B,L,D.

Day 4: Nalemoru Gate to Simba Camp

After breakfast we drive in a counterclockwise direction around the eastern flank of Kilimanjaro through Chagga villages that cling to the mountain slope, up to the border with Kenya before turning in to the Nalemoru Gate. Here you will meet

your other guides and mountain crew and enter the Kilimanjaro National Park. We begin our climb by walking a few hours through cultivated land and timber farms before entering the cool and verdant montane forest. We soon reach the moorland zone, where our first night's camp is located.

Overnight: Simba Camp.

Meals: B,L,D.

Day 5: Simba Camp to Kikelewa Camp

The 3 hour morning climb today takes us through open moorland to the second cave camp, where we will stop for lunch. On the way, you will have spectacular views of both Kibo and Mawenzi peaks as we hike in a southwesterly direction with a dry riverbed on our left and through lizard country of bare rocks and long grasses. We may see many signs of animal life – their tracks, trails, and droppings. Bird life is also abundant and we should be able to spot the white-necked raven, alpine chat, and streaky seed-eater. After lunch we turn directly toward the jagged peak of Mawenzi and into the Kikelewa Valley to our campsite near a set of small grottoes.

Overnight: Kikelewa Camp.

Meals: B,L,D.

Day 6: Kikelewa Camp to Mawenzi Tarn Camp

Today's hike starts gently before rising on a short but steep climb through a forest of senecios and into the highland desert zone. As we ascend we encounter huge boulders and the vegetation noticeably thins as low heathers, groundsel, and the helichrysum flower dominate. We will have the afternoon to explore the spectacular setting of our camp, replete with towers, barrancos (high bluffs), and the tarn (mountain lake) just below Mawenzi, by which our campsite sits.

Overnight: Mawenzi Tarn Camp.

Meals: B,L,D.

Thu 5 Mar: Mawenzi Tarn Camp to Horombo Camp

A switchback climb just above the tarn takes us alongside the North Corrie (glaciated valley) and up to the saddle on this moderate acclimatization hike. Crossing toward the south, we get a magnificent close-up view of the spiky and crag-ridden Mawenzi Peak. Once a popular and extremely technical rock climb, Mawenzi is now closed due to the danger of rock falls. Beyond the high ridge of the saddle and after a short descent we reach the Zebra Rocks, followed thereafter by our camp at Horombo. We have dropped more than 2,000 feet in order to gain the rejuvenating benefits of sleeping at lower elevation for a night.

Overnight: Horombo Camp.

Meals: B,L,D.

Day 7: Horombo Camp to School Hut Camp

We start with a steep climb before crossing the great Maua River, which is just a small mountain stream at this elevation. The vegetation noticeably thins and we ascend to the saddle, the low flat area between Kibo Peak to the west and Mawenzi Peak to the east. The saddle is barren and windswept – a true alpine desert landscape. Our guides keep your spirits up with their expert knowledge of the mountain, good humor, and stories of climbs past; they also continue to encourage you to drink plenty of water and snack heartily to maintain your energy. We bypass the busy Kibo huts and continue northeast for another 45 minutes to the higher School Hut Camp. After an early dinner we have a summit briefing and prepare our equipment before resting. At midnight, ideally under the stars and a brightly shining moon, we begin the final ascent to Uhuru Peak.

Overnight: School Hut Camp.

Meals: B,L,D.

Day 8: School Hut Camp to Uhuru Peak to Horombo Camp

The summit ascent that began at midnight is a steep 5 to 6 hour climb to Gillman's Point (18,640 feet) before the route flattens out along the crater rim. We will climb pole pole (meaning "slowly" in Kiswahili) and drink plenty of water and tea, refueling with small snacks, and enjoying this hike. A further 1 to 2 hours takes us to our goal – Uhuru Peak, the summit of Kilimanjaro at 19,340 feet. After a stay of 20 to 30 minutes and plenty of photos, we descend to School Hut for lunch and rest before continuing on the Marangu route to the camp site at Horombo, more than 7,000 feet below the summit! Eat, share your experiences of the climb, and sleep soundly. Congratulations, you touched the Roof of Africa!

Overnight: Horombo Camp.

Meals: B,L,D.

Day 9: Horombo Camp to Marangu Gate; Mbahe Village, Kilimanjaro

Enjoy the descent through the thick montane forest on Kilimanjaro's southern flank as we hike 4 hours and drop more than 6,000 feet to the exit at Marangu Gate, encountering legions of climbers beginning their ascent. We will collect our certificates of achievement at the gate and take the final short walk through Chagga farmland back to SENE's Mbahe Village Farm. Enjoy a hot shower and a celebration meal with the whole team.

Overnight: Mbahe Farm Cottages or hotel in Moshi Town.

Meals: B,L,D.

Day 10: Mbahe Village or Moshi Town

Rest and relaxation day at the farm or at your hotel in town. Town tour included. Transfer by SENE to the Kilimanjaro Airport.

Meals: B.

Inclusions

- All accommodations for 11 days / 10 nights.
- All meals as indicated (B,L,D).
- Kilimanjaro Marathon (or Half Marathon or 5K) entry, t-shirt and medal (dependent upon race distance & finish time).
- SENE pre- and post-race support, with drinks and snacks.
- On climb, filtered water (by Katadyn Expedition® filter) and coffee, teas, cocoa.
- Services of trip leader, climbing guides, and mountain crew.
- Kilimanjaro National Park entrance, camping, and rescue fees.
- All camping and dining equipment (excluding sleeping bag and pad).
- Portable private toilet with bio-degradable waste system (Cleanwaste®) at all camps.
- Gamow bag (portable hyperbaric chamber) and supplemental oxygen for emergency descents.
- Transfers to/from Kilimanjaro International Airport, to/from marathon, and to/from park entrance/exit gates.
- Guided Mbahe Village walking tour.

Exclusions

Tips and gratuities to leaders, guides, crew, or other staff; cold drinks and alcohol; additional accommodations and meals made necessary by airline schedule changes, inability to complete the climb, finishing the climb before the scheduled completion date, or other factors; pre-trip expenses such as immunizations, travel insurance, passports, and visas; international airfare; airport departure taxes; and any expenses of a personal nature such as souvenirs

and laundry.

Disclaimer

Trip prices are based on SENE costs, fees, and supplier prices in effect at the time of booking. SENE reserves the right to alter trip prices should inflation, cost of fuel, labor, materials, or exchange rates change. If the Tanzania National Parks Authority (TANAPA) raises park fees, or any hotel, lodge, camp, airline, or any other service provider raises their rates, SENE reserves the right to require additional payment from the client.